

FIT LIVING

Wellness today is more than a trend. It is a way of life. At Panorama Tower, that philosophy is not an afterthought but part of everyday living. From fitness and nutrition to recovery, relaxation, and social connection, the building provides an ecosystem in which residents can prioritize health without leaving home.

Towering above the heart of Miami's Brickell District, Panorama Tower is more than the tallest residential building south of New York. In addition to stratospheric views, oversized

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luxurious apartments, and amenities found only in the most prestigious rental buildings, it is a vertical community built around well-being. With Panorama Fit, the expansive Panorama Perks Program, and a steady calendar of resident wellness events that bring

neighbors together, the tower offers a holistic approach to balance and vitality. At Panorama, wellness truly is at your doorstep.

The foundation of Panorama's wellness experience is Panorama Fit, a complimentary fitness program that is designed exclusively for residents. Inside the tower's sleek fitness center and fully equipped yoga and workout studios, floor-to-ceiling windows frame sweeping views of the city, transforming exercise into powerful moments of focus and energy.

The class schedule is as diverse as the community that it serves. Residents can burn calories in HIIT Bootcamps, test endurance with Full Body Burners or Upper Body Blitz, or find flow in calming Yoga and Pilates Awakening Sessions. Targeted programs, such as Mobility Workshops and Core Focused Classes for stability, round out the offerings. This variety ensures that residents can find workouts that match their goals, whether beginning their fitness journey, chasing peak performance, or simply building a routine.



What makes Panorama Fit remarkable is not only the programming but also the convenience. There is no driving across town, no fighting traffic, and no crowded gyms. Fitness is just an elevator ride away. That accessibility removes barriers and allows

residents to prioritize movement every day, seamlessly blending exercise with the rhythm of city life.

Equally important is the sense of accountability and routine that Panorama Fit creates. With classes available daily, residents are encouraged to stay consistent, discover new styles of movement, and feel supported in their wellness journeys. It's a program that adapts to residents' lifestyles, rather than requiring them to adapt to it.

Wellness at Panorama continues far beyond the building itself. Through the Panorama Perks Program, residents gain exclusive insider access to more than 90 local partners across Miami, turning the entire city into an extension of their lifestyle.



The network covers nearly every dimension of health. Residents can spin at SoulCycle, flow at CorePower Yoga, box at CKO Kickboxing, or train at Solidcore and Anatomy — all with special benefits. For recovery and medical needs, partners such as The Ice Room, ASR Sports Medicine, Stretch Zone, Casa Privée Concierge Medicine, and SnapCrack Chiropractic provide a wide variety of services, ranging from sports medicine and chiropractic care to IV therapy and vitamin treatments. Nutrition and aesthetics are part of the mix, as well. Carrot Express, Raw , Oakberry Açai, and Vale Food Co. make healthy

dining effortless, while OnSpot Dermatology, Traveling Aura Mobile Spa, and Silver Mirror Facial Bar help residents look and feel their best.

Panorama Perks is not simply about discounts. By integrating residents into Brickell's top fitness, recovery, dining, and beauty providers, the program makes wellness a natural part of everyday life.

One of Panorama's most energizing features is its calendar of community wellness events. More than workouts, these gatherings turn health into a shared, social experience. Events held in collaboration with Perks Partners bring Miami's best trainers, nutritionists and wellness experts directly to the building. A calming yoga session one week might be followed by a high-energy bootcamp the next. Alongside the workouts, partners offer demonstrations, samples, and mini services. Residents might enjoy a chiropractic adjustment, a stretching session, a skincare consultation, or tastings from local health-focused eateries.



These occasions go beyond physical well-being. They build connection. Neighbors meet, friendships form, and residents discover new practices together. In a building of Panorama's scale, these interactions create a sense of belonging, making wellness a community-wide pursuit.

Panorama's lifestyle is further enhanced by its setting in Brickell — Miami's thriving urban core. The neighborhood's walkability encourages residents to leave their cars behind. Instead, step outside and you will find waterfront parks perfect for jogging or evening strolls, bike paths winding through the neighborhood, and a vibrant dining scene with acclaimed restaurants. This allows for moments of calm within the bustle of the city, giving residents the flexibility to design days with both productivity and relaxation.

Living here means that balance comes naturally. A morning spin class could be followed by a smoothie at a café, an evening run along the bay, and dinner with friends at a partner restaurant. Brickell's cultural, social, and wellness offerings make it the perfect complement to Panorama's in-house lifestyle.

What sets Panorama apart is how seamlessly it blends every aspect of wellness into daily life. Fitness, nutrition, recovery, and social connection come together under one roof — creating an environment where balance feels natural. The combination of Panorama Fit, Panorama Perks, and curated community events creates a cycle of support. Each offering enhances the others, giving residents both structure and freedom to pursue wellness in ways that feel authentic to them.

In a city as fast-moving as Miami, balance can be hard to find. At Panorama, it is effortless. More than a residence, the tower is a community where residents can thrive. Wellness begins at home, and at Panorama Tower, it is always within reach; PanoramaTower.com.